



Lena

Åse

Therese


Jacob


Janne

Are


Contact Us

Do you have questions or would you like to talk to us?

 **Phone:** +47 78 96 71 03 - press 1 for poliklinikk (outpatient clinic)

 **Email:** art@finnmarkssykehuset.no

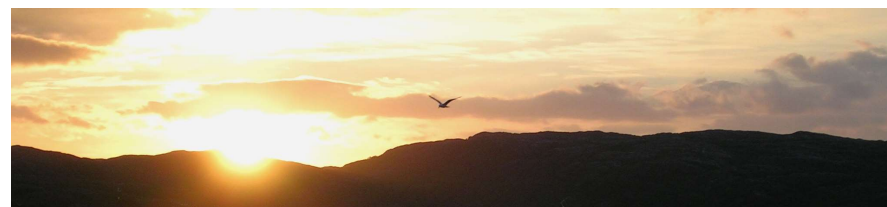
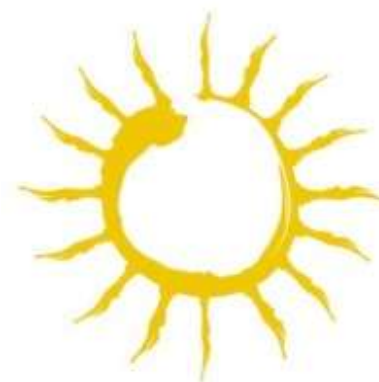
 **Mail:** Ambulant RehabiliteringsTeam
P.O. Box 410, 9915 Kirkenes

 **More info:** www.finnmarkssykehuset.no/rehab

Brosjyren er sist redigert
03.07.2025



Ambulant RehabiliteringsTeam (ART)



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What Is ART?

ART is a team within the specialist health service. We work with adults in Finnmark, whose lives have been turned upside down due to illness or injury. We are part of Finnmark Hospital Trust, and we are happy to visit you at home – so you don't have to travel.

How Can We Assist You?

Rehabilitation is often about figuring out how to live a good life again – under new circumstances. We can offer support and guidance in this process, which often takes time.

Together with you and your loved ones, we can talk about:

- How you can enjoy life with your family
- How you can return to work or school
- How you can stay in touch with friends
- How you can be active in your free time
- How you can be as independent as possible
- How you can receive and accept help when needed

We collaborate with those around you

To ensure you receive the best possible support, we work together with:

- Municipal services
- Family and social network
- NAV (Norwegian Labour and Welfare Administration)
- Employer or school
- Other specialist health services

We also help bring key people together to talk and find solutions that work for you.

Who Are We?

ART consists of professionals with extensive experience and diverse backgrounds – such as physiotherapists, nurses, occupational therapists, and social workers. We work together to support you and your loved ones in a challenging life situation.

